

# Middle & High School Lunch October 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Alfredo Or Meatball sub Steamed carrots Garlic bread Fruit Milk	3 Chicken fried steak Or Chicken wrap Mashed potatoes Gravy, Fresh roll Fruit Milk	4 Homemade Pizza Salad w/tomatoes Or Grab & go salad Fresh fruit Milk	5 No School	6 No School
9 No School	10 Tomato soup Cheese sandwich Or BBQ chicken wrap Salad w/tomatoes Fruit Milk	11 Weiner wrap Or Burger w/bun Steamed Broccoli Fruit Milk	12 Ham & cheese Pretzel Or Grab & go salad Baked fries Fruit Milk	13 Homemade Pizza Salad w/tomatoes Fresh fruit Milk
16 Chicken nuggets Or Rib b que w/bun Baked potatoes Fruit Milk	17 Tater tot casserole Or Deli sandwich Broccoli Garlic bread Fruit Milk	18 Hamburger w/bun Or Grab & go salad Baked fries Fruit Milk	19 Chicken sandwich Or Beef fajitas Seasoned beans Fruit Milk	20 Pizza Rippers Salad w/tomatoes Or Grab & go salad Fruit Milk
23 Enchilada casserole Or BBQ chicken wrap Corn Fruit Milk	24 Phily steak sandwich Or Tossed lasagna Salad w/tomatoes Garlic bread Fruit Milk	25 Corn dog Or Chicken sandwich Baked potatoes Fruit Milk	26 Crispito Or Taco soup w/tortilla strips Corn Fruit Milk	27 No School
30 Beef nachos Or Chicken salad Seasoned beans Fruit Milk	31 Sweet & Sour Chicken w/rice Broccoli mix Or Grab & go Salad Fruit Milk	“This Institution Is An Equal Opportunity Provider”		Menus Is Subject To Change